

Summer Menu 2021 Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Breakfast
Snack	Pear	Kiwi	Sharon fruit	Plum	Clementine	Snack
Main Lunch	Garlic chicken with giant couscous, roast vegetables and chickpea sauce	Citrus herb roast turkey breast with sweetcorn and potato salad	Caribbean lamb and sweet potato curry with rice and veg	Sweet potato and black bean stew with veg, spring onion and cheesy bread	Jerk chicken with jollof rice and side salad	Main Lunch
Vegetarian	Garlic, basil and pinar cheese with giant couscous	Soya chicken with peas, potato wedges and gravy	Butter bean courgette and mushroom pie and peas	Sweet potato and black bean stew with veg, spring onion and cheesy bread	Tofu and sweet potato jerk cake with jollof rice and side salad	Vegetarian
Dessert	Orange	Summer fruit medley	Home-made strawberry and banana ice cream	Pineapple	Peach yogurt	Dessert
Snack	Bread sticks with cucumber	Cheese on toast	Corn cake with satsumas	Cornish wafer with sugar snap peas	Cream cheese and crackers	Snack
Tea	Spring vegetables pasta with cheese	Fish fingers, tartar sauce and barley salad	Pork sausages with milk roll and home-made ketchup	Courgette and cheese fritters with sweetcorn and quinoa	Mixed sandwich platter	Tea
Vegetarian	Spring vegetables pasta with cheese	Veg fingers tartar sauce and barley salad	Quorn Veggie sausage with milk roll and home-made ketchup	Courgette and cheese fritters with sweetcorn and quinoa	Roasted vegetable sandwich platter	Vegetarian
Pureed Menu	Spring vegetables pasta with cheese	Fish fingers, tartar sauce and barley salad	Pork sausage with baked sweet potato	Courgette and cheese fritters with sweetcorn and quinoa	Baked sweet potato with cheese and roast veg	Pureed Menu
Dessert	Watermelon	Mango Lassi	Fennel and orange shortbread biscuits	Banana	Lemon poppy seed cake	Dessert

Baby menu - Food served pureed, either mashed or broken down according to the individual needs of children.

Summer Menu 2021 Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Breakfast
Snack	Pear	Apple	Plum	Orange	Peaches	Snack
Main Lunch	Roast pork with apple sauce and roast potatoes	Colombian red bean stew with plantain and basmati rice with salad	Chicken mushroom and marrow cream pie	Beef burger and brown roll with salad, tomato and butternut squash homemade ketchup	Soy salmon with pak choi rice and mixed vegetables	Main Lunch
Vegetarian	Pinto beans and vegetables pie with roast potatoes	Colombian red bean stew with plantain and basmati rice with salad	Creamy vegetable and halloumi pie	Butternut squash and sweet potato burger and homemade tomato ketchup with bread rolls	Soy Tofu and pak choi rice and mixed vegetables	Vegetarian
Dessert	Melon	Pineapple sticks	Lemon and passion fruit cheesecake	Oat and berry smoothie	Papaya	Dessert
Snack	Cucumber and rice cake	Carrot and strawberry smoothie	Oat cake with sunflower spread and grated carrots	Apple cakes	Breadsticks with cheese and grapes	Snack
Tea	Hulk mac and cheese with spinach	Chicken sausages with pitta bread, hummus and cucumber sticks	Hidden vegetable pasta with cheese	Cavendish quiche with buckwheat and sweet corn	Turkey schnitzel with cucumber and sweetcorn and a mint yoghurt dip	Tea
Vegetarian	Hulk mac and cheese with spinach	Vegetarian sausages with pitta bread, hummus and cucumber sticks	Hidden vegetable pasta with cheese	Cavendish quiche with buckwheat and sweet corn	Tofu schnitzel with cucumber and sweetcorn and a mint yoghurt dip	Vegetarian
Pureed Menu	Hulk mac and cheese with spinach	Chicken sausages and carrot mash	Hidden vegetable pasta with cheese	Cauliflower and broccoli bake	Turkey schnitzel with cucumber and sweetcorn	Pureed Menu
Dessert	Banana	Watermelon	Sharon fruit	Mango	Strawberry Victoria sponge	Dessert

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Summer Menu 2021 Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Breakfast
Snack	Tangerine	Apple	Plum	Kiwi	Pear	Snack
Main Lunch	Roast chicken with peas, potato wedges and gravy	Smoked haddock, leak and spinach fish pie and peas	Beef lasagne with carrot, celery and peppers served with peas	Black pinto and red bean casserole with cheesy garlic bread	Lentil Dahl with cumin and turmeric bread with butternut squash and spinach	Main Lunch
Vegetarian	Vegetable wellington, sweetcorn and potato salad	Butternut squash and sweet potato curry with rice	Soya mince lasagne and vegetables served with peas	Black pinto and red bean casserole with cheesy garlic bread	Lentil Dahl with cumin and turmeric bread with butternut squash and spinach	Vegetarian
Dessert	Papaya	Fruit salad	Melon	Peach and cream	Pineapple sticks	Dessert
Snack	Cream cheese tortilla rolls with cucumber	Matzo with cherry tomatoes and sunflower spread	Bread sticks with mint yogurt dip	Cream cracker with sliced peppers	Corn cake and carrot	Snack
Tea	Vegetable pizza and cherry tomatoes, pepper and sweet corn	Jacket potatoes with cheese and baked beans	Baked ham and buck wheat salad with roast cauliflower	Chicken fried rice with peas, carrots and sweetcorn	Selection of sandwiches	Tea
Vegetarian	Vegetable pizza and cherry tomatoes, pepper and sweet corn	Jacket potatoes with cheese and baked beans	Butternut squash, sweet potato and cheese cake	Quorn fried rice with peas, sweetcorn and carrot	Vegetarian selection of sandwiches	Vegetarian
Pureed Menu	Baked potato with cheese and baked beans	Jacket potatoes with cheese and baked beans	Butternut squash, sweet potato and cheese cake	Chicken fried rice with peas, carrots and sweetcorn	Jacket potato with fillings	Pureed Menu
Dessert	Mango	Carrot, orange and banana smoothie	Banana	Carrot and apple oat cake	Watermelon	Dessert

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Summer Menu 2021 Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Breakfast
Snack	Apple	Kiwi	Peach	Plum	Tangerine	Snack
Main Lunch	Spanish chicken and potato bravas aioli and carrots	Goan fish and spinach curry with beetroot and coriander rice	Chickpea, butternut squash tagine, cous cous and coriander	Chilli 'non' carne with red bean celery, pepper, carrot and courgette and brown rice	Cyprus style Kebab with Sumac salad and minted yogurt sauce and whole- meal pitta bread	Main Lunch
Vegetarian	Spanish Quorn and potato bravas aioli and carrots	Pinar and spinach curry with beetroot and coriander rice	Chickpea, butternut squash tagine, cous cous and coriander	Chilli 'non' carne with red bean celery, pepper, carrot and courgette and brown rice	Tofu and butternut squash kebabs with Sumac salad and minted yogurt sauce and whole- meal pitta bread	Vegetarian
Dessert	Summer berry and spinach smoothie	Papaya	Summer fruits salad	Mango and passion fruit yogurt	Banana chocolate mousse	Dessert
Snack	Avocado dip with corn cake	Breadstick and cream cheese	Butter bean dip and rice cake	Mezto and homemade jam	Cornish wafer and apple	Snack
Tea	Turkey cutlets, sweet potato chips and mint yogurt sauce	Lentils and veg meatloaf with Mediterranean salad	Cheese and veg pasta bake with courgette, pepper and celery sauce	Ham and cheese scones wedges	Smoked haddock kedgeree with spinach	Tea
Vegetarian	Tofu cutlets with herbs and sweet potato chips and mint sauce	Lentils and veg meatloaf with Mediterranean salad	Cheese and veg pasta bake with courgette, pepper and celery sauce	Cheese and butternut squash scones	Spinach and chickpea kedgeree	Vegetarian
Pureed Menu	Turkey cutlets, sweet potato chips and mint yogurt sauce	Homemade bake beans and new potatoes	Cheese and veg pasta bake with courgette, pepper and celery sauce	Baked potato and cheese	Spinach and chickpea kedgeree	Pureed Menu
Dessert	Banana	Pineapple sticks	Orange	Cauliflower and orange cookies	Watermelon slice	Dessert

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