

Summer Menu 2021 Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Breakfast
Snack	Pear	Cheese on toast	Sharon fruit	Cornish wafer with sugar snap peas	Clementine	Snack
Main Lunch	Garlic chicken, giant couscous with roast vegetables and Hummus	Citrus herb roast turkey breast with sweet corn and potato salad	Sweet potato and black bean stew with veg, spring onion and cheesy bread	Caribbean lamb curry with rice and veg	Jerk chicken with Jollof rice	Main Lunch
Vegetarian	Garlic, basil and pinar cheese with giant couscous	Vegetable wellington sweetcorn and potato salad	Sweet potato and black bean stew with veg, spring onion and cheesy bread	Butter nut squash and sweet potato curry with rice	Tofu and sweet potato jerk cake with Jollof rice	Vegetarian
Dessert	Orange	Summer fruit medley	Pineapple	Mango Lassi	Lemon poppy seed cake	Dessert
Snack	Bread sticks with cucumber	Kiwi	Corn cake with satsumas	Plum	Cream cheese and crackers	Snack
Tea	Spring vegetables pasta with cheese	Mixed Sandwiches	Pork sausages with milk roll, peas and home made ketchup	Courgette and cheese fritters with sweetcorn and quinoa	Fish fingers, tartar sauce and barley salad	Tea
Vegetarian	Spring vegetables pasta with cheese	Mixed Sandwiches	Quorn Veggie sausage with milk roll and home made ketchup	Courgette and cheese fritters with sweetcorn and quinoa	Bean and Vegetable fingers, tartar sauce and barley salad	Vegetarian
Pureed Menu	Spring vegetables pasta with cheese	Baked sweet potato with cheese and roast veg	Pork sausage Bake sweet potato	Courgette and cheese fritters with sweetcorn and quinoa	Fish fingers, tartar sauce and barley salad	Pureed Menu
Dessert	Watermelon	Strawberry and Banana Ice cream	Fennel and orange shortbread	Banana	Peach yogurt	Dessert

Baby menu - Food served pureed, either mashed or broken down according to the individual needs of children.

Summer Menu 2021 Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Breakfast
Snack	Plum	Carrot, Orange and Strawberry Smoothie	Rice cakes and Cucumber	Apple Rice cakes	Peaches	Snack
Main Lunch	Colombian red bean stew with plantain and basmati rice with salad	Chicken mushroom and marrow cream pie	Roast pork with carrots, apple sauce and roast potatoes	Beef burger and brown roll with salad, tomato and homemade tomato and butternut squash ketchup	Soy Salmon with pak choi rice and mixed vegetables	Main Lunch
Vegetarian	Colombian red bean stew with plantain and basmati rice with salad	Creamy vegetable and halloumi pie	Pinto beans and vege- tables pie with roast potatoes	Butternut squash and sweet potato burger homemade tomato and butternut squash ketchup	Soy Tofu with pak choi rice and mixed vegetables	Vegetarian
Dessert	Lemon and passion fruit cheesecake	Pineapple sticks	Melon	Oat and berry smoothie	Papaya	Dessert
Snack	Cucumber and rice cake	Apple	Oat cake with sunflower spread and grated carrots	Orange	Cheese, breadsticks and grapes	Snack
Tea	Hulk mac and cheese with spinach	Baked ham and buck wheat salad with roast cauliflower	Cavendish quiche with quinoa and sweet corn	Chicken fried rice with peas, carrots and sweet corn	Turkey Schnitzel with cucumber sweetcorn salad	Tea
Vegetarian	Hulk mac and cheese with spinach	Butternut squash, sweet potato and cheese cake	Cavendish quiche with buckwheat and sweet corn	Corn fried rice with peas, carrots and sweet corn	Butternut squash Schnitzel with cucumber sweetcorn salad	Vegetarian
Pureed Menu	Hulk mac and cheese with spinach	Butternut squash, sweet potato and cheese cake	Cauliflower and broccoli bake	Chicken fried rice with peas, carrots and sweet corn	Turkey Schnitzel with cucumber sweetcorn salad	Pureed Menu
Dessert	Banana	Watermelon	Sharon fruit	Mango	Strawberry Victoria sponge	Dessert

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Summer Menu 2021 Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Breakfast
Snack	Tangerine	Matzo with cherry tomatoes and sunflower spread	Plum	Cream cracker with sliced peppers	Pear	Snack
Main Lunch	Fish pie with leek and spinach and peas	Roast Quorn with peas, potatoes wedges and gravy	Beef lasagne with carrot celery and pepper	Halloumi and bean casserole with cheesy garlic bread	Lentil Dahl with cumin and turmeric bread with butternut squash and spinach	Main Lunch
Vegetarian	Butter bean courgette and mushroom pie and peas	Soya chicken with peas potatoes wedges and gravy	Soya mince lasagne and veg and peas	Black, pinto and red bean casserole with cheesy garlic bread	Lentil Dahl with cumin and turmeric bread with butternut squash and spinach	Vegetarian
Dessert	Papaya	Fruit salad	Banana	Pineapple sticks	Peach and cream	Dessert
Snack	Cream cheese tortilla rolls with cucumber	Kiwi	Bread sticks with mint yogurt dip	Apple	Corn cake and carrot	Snack
Tea	Chicken sausages with pitta bread and hummus, sweetcorn	Pepper, mushroom and sweet corn pizza with cherry tomatoes.	Hidden vegetable pasta with cheese	Jacket potatoes with cheese and homemade turkey chilli	Selection of sandwiches	Tea
Vegetarian	Veggie sausages with pitta bread and hummus, sweetcorn	Pepper, mushroom and sweet corn pizza with cherry tomatoes.	Hidden vegetable pasta with cheese	Jacket potatoes with cheese and homemade soya chilli	Vegetarian selection of sandwiches	Vegetarian
Pureed Menu	Pork sausage meat with carrot and mashed potato	Roasted Vegetables with cheese and couscous	Hidden vegetable pasta with cheese	Jacket potatoes with cheese and homemade turkey chilli	Mac and cheese with pepper	Pureed Menu
Dessert	Pineapple, Cucumber and Raspberry smoothie	Mango	Melon	Carrot and apple oat cake	Watermelon	Dessert

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Summer Menu 2021 Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Cereal/brioche/ croissant/fruit	Breakfast
Snack	Apple	Breadstick and cream cheese	Peach	Mezto and homemade jam	Tangerine	Snack
Main Lunch	Spanish chicken and potato bravas Aioli and carrots	Guan Fish and Spinach curry with beetroot and coriander rice	Butternut squash and chick peas tagine with cous cous and coriander	Beef bolognaise with Spaghetti and garlic bread	Cyprus style Lamb Kebab with Sumac salad and minted yogurt sauce and wholemeal pitta bread	Main Lunch
Vegetarian	Spanish Quorn and potato bravas Aioli and carrots	Pinar and Spinach curry with beetroot and coriander rice	Thai butternut squash and chick peas, cous cous and coriander	Quorn bolognaise with Spaghetti and garlic bread	Tofu and butternut squash kebabs with Sumac salad and minted yogurt sauce and wholemeal pitta bread	Vegetarian
Dessert	Summer berry and spinach smoothie	Papaya	Mango and passion fruit yogurt	Summer fruits salad	Banana chocolate mousse	Dessert
Snack	Avocado dip with corn cake	Plum	Butter bean dip and rice cake	Kiwi	Cornish wafer and apple	Snack
Tea	Homemade turkey burgers, sweet potato chips and mint yogurt sauce	Lentils and veg meatloaf with Mediterranean salad	Cheese and veg pasta bake with courgette , pepper and celery sauce	Homemade smokey beans on toast with cheese and cucumber fingers	Smoked haddock kedgeree with spinach and peas	Tea
Vegetarian	Tofu burger herbs and sweet potato chips and mint sauce	Lentils and veg meatloaf with Mediterranean salad	Cheese and veg pasta bake with courgette , pepper and celery sauce	Homemade smokey beans on toast with cheese and cucumber fingers	Spinach, chickpea kedgeree and peas	Vegetarian
Pureed Menu	Turkey mince with sweet potato and carrots	Lentils and veg meatloaf	Cheese and veg pasta bake with courgette , pepper and celery sauce	Homemade smokey beans with mashed potato cheese and cucumber fingers	Spinach, chickpea kedgeree and peas	Pureed Menu
Dessert	Banana	Pineapple	Watermelon slice	Cauliflower and orange cookies	Orange	Dessert

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